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Banff Trail Community Association
2115 - 20 Avenue NW
Calgary, AB, T2M 1J1
Phone: 403.282.2234
contact@banfftrailcommunity.ca
www.banfftrailcommunity.ca

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Banff Trail Community Association BOARD MEETINGS

are on the first Wednesday of

every month from

7:00pm-9:00 pm

Next meetings are

July 6, Aug 3, 7-9pm

See you there!

Newsletter Submissions
August Issue
Deadline

July
7th

howlereditor@
banfftrailcommunity.ca

STAY CONNECTED WITH BANFF TRAIL:

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Banff Trail Community Association

2115 – 20 Avenue NW · T2M 1J1 • 403 282-2234

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Heather Spicer	vicepresident@banfftrailcommunity.ca
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Incoming	treasurer@banfftrailcommunity.ca
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Have questions about Hall rentals or availability?

Contact our Hall Manager Eileen Arthur at
403-282-2234 or e-mail her at: hallmanager@
banfftrailcommunity.ca.

Office hours are Tuesday and Thursday
6:30 to 8:00 p.m.

BANFF TRAIL MESSAGES

The Banff Trail Family Babysitting Co-op, which has connected neighbours for more than six years, is closing down in its current form. A big thank you goes out to Elena Rhodes for leading the group and to Jen Silverthorn, Heather Spicer and Chantal Khan-Paul for their work. We appreciate your efforts to build community and link families together!

A new informal fitness group for women is being launched — The Banff Trail Community Runners. Members will pitch runs (or other workouts — hikes, skiing, snowshoeing, etc.) to meet up with like-minded neighbours. Contact Carolyn Fisher at carolynf@telus.net to get involved. Thanks to Karen France for the idea. See you on the running paths!

Community Kids Soccer Season Starts: Banff Trail Outdoor Community Soccer is well under way for the 2016 season! The number of players has been climbing each year and we have two teams more than last year. It's great to see all the kids getting exercise, enjoying the fresh air, and developing their skills, teamwork, and making new friends. We appreciate all the volunteers that make this happen!

Recently thieves have been targeting new housing developments in some NW communities stealing appliances, tools and construction material. Most of the work takes place during daylight hours and cease before 10 p.m., as per the noise bylaw. If you live near a new housing development and notice any suspicious activity outside these hours you are encouraged to phone the Calgary Police Service through the non-emergency line at 403-266-1234. If you witness a crime in progress please hang up and dial 9-1-1. If possible, obtain a physical and clothing description along with a direction of travel of any suspicious individuals. This information is crucial for responding police officers. You may also report crime anonymously at CrimeStoppers at 1-800-222-8477.

Banff Trail Community Garden Membership: Spring is upon us and soon the beds behind the Banff Trail Community Association will be blooming with fresh flowers,

fruits, and vegetables. The Banff Trail Community Garden is a volunteer run garden for Banff Trail Community residents. It offers individual plots and communal planting areas. We take great pride in maintaining this beautiful oasis in the heart of the community. If you are interested in becoming a member, please contact dana. banfftrail@yahoo.ca. There is currently one bed available, and we are taking names for a waiting list.

MEMBERSHIPS

Community memberships are available at
\$10 for single, \$15 for family and
household, and \$25 for businesses Membership
year is March 1 to February 28
Pay by PayPal online at www.banfftrailcommunity.ca



The Banff Trail Community Runners

The Banff Trail Community Runners is an informal fitness group for women. Members pitch runs (or other workouts — hikes, skiing, snowshoeing, etc.) to meet up with like-minded neighbours. Contact Carolyn Fisher at carolynf@telus.net to have your name added to the Banff Trail Community Runner email group. See you on the running paths!

SERIOUS FUN

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CALL FOR ARTICLES

If you would like to write a piece for the Banff Trail Howler, please email your submissions to howlereditor@banfftrailcommunity.ca. We'd love to hear about your local interests! We are also accepting photographs for cover art.

New to Banff Trail

If you have been walking around Banff Trail lately, you will have noticed that in addition to all of the new housing, we also have new businesses taking root! Convenience stores, a nail salon, and a take-out pizza joint are just a few of the places opening their doors and sharing space with the businesses we already know. Because of the age of our community, we still see small commercial strips among the blocks of houses, particularly near the schools and community hall. Visit our new and pre-existing business neighbours and keep it local!

Hot Trend Nails & Spa

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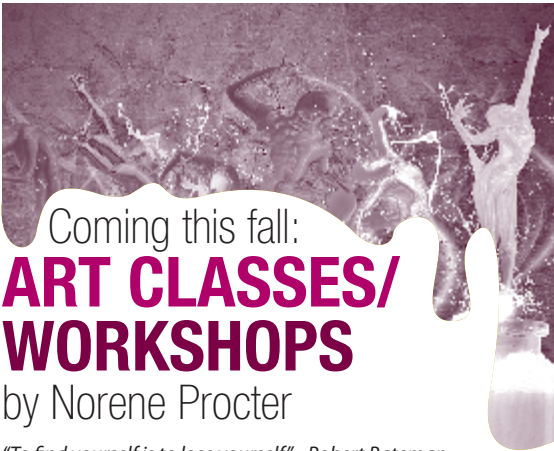
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Coming this fall:

ART CLASSES/WORKSHOPS

by Norene Procter

"To find yourself is to lose yourself" - Robert Bateman.

I had a dream back in 1984 to create a business with my self-taught learnings of the unique art form of painting on silk. 32 years later here I am; a creator and one who loves to share the learnings of art making.

I have been fortunate to have had my work purchased by major companies and given as special gifts globally and I have received national media attention with my silks.

I have a great fondness for Alberta land and also wild horses. Hiking and canoeing inspired many of the images I paint and I find great peace and joy hiking in Alberta.

I have been teaching art for over 14 years to all ages from 6 years to over 90 years old. I work with children, adults and seniors. I truly believe we all have creative ability.

My classes are encouraging and students will learn a lot during each session. From beginners to advanced artists, participants meet in a safe, welcoming environment. I encourage students to visit fine art galleries; two of my personal favourites are the Blue Rock Art Gallery in Black Diamond and Elevation Gallery in Canmore. I will share stories about talented Alberta, Canadian and international artists. Art is ever inspiring and one can drop in to these Galleries spontaneously and see anew.

I look forward to offering art classes in Banff Trail this Fall – watch the Howler for more details!

I believe art is healing for spirit, mind and soul.

Norene Procter
www.sixfootsilks.com silks@shaw.ca 403 242 6102.

BOWMONT




You may have noticed the new building at the corner of 27th Ave. and 24th St. NW. This large home is a centre of Opus Dei called Bowmont.


Bowmont is home to a number of men who organize spiritual, cultural and intellectual activities tailored to the needs of workers, professionals and students. On-site activities consist of opportunities for one-on-one spiritual coaching, talks on living a life of faith, and Friday evening meditations and sports for high-school students. Off-site activities consist of evenings of recollection, weekend retreats, professional development seminars and courses in philosophy and theology.

Bowmont is open to men of all social, ethnic and religious backgrounds. The activities of doctrinal and spiritual formation are entrusted to Opus Dei (opusdei.ca), an institution of the Catholic Church founded in 1928 by Saint Josemaría Escrivá. Opus Dei's mandate consists in offering its members and others the spiritual direction they need to live as good Christians in the middle of the world. It promotes the message that everyone is called by God to seek holiness and joy in daily work, family life and social relations.

Animal Trivia



Brown eggs come from hens with red feathers and red ear lobes; white eggs come from hens with white feathers and white ear lobes. Shell color is determined by the breed of hen and has no effect on its quality, nutrients or flavor.





Name	Age	Contact	Course
Ava	13	403-279-2083	Yes
Eliana	30	587-437-1107	No
Maria	13	403-467-2760	Yes
Rowena	41	587-894-0713	Yes
Todd	44	403-585-8463	Yes

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.



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IT'S HAPPENING IN BANFF TRAIL

Remember, www.BanffTrailCommunity.ca is the place to look for short-notice events and more Community info. Check out our event calendar and interactive community map! We are also on Facebook now too: <https://www.facebook.com/BanffTrailCommunity>

Tai Chi Classes – Wednesday nights 7-8 p.m.

Wednesday nights from 7-8 at the hall. A great way to relax and meet people. Feel free to just show up – wear clothes you can move in! \$50 only for community members for 10 sessions.

Zumba® with Andrea - Every **Monday 7:30-8:30pm** and **Wednesdays 8:15-9:15pm**. Drop-ins welcome. Monthly Passes available. For up-to-date schedule and fees please check out <http://andreadawe.zumba.com> or contact Andrea at andreadawe.zumba@gmail.com. Come join the party and dance yourself fit! No experience necessary!

Qigong is back on Mondays from 10:00 a.m. to 11:30 a.m.

Karate and Kobudo – Tuesday and Thursday nights 8 – 9 p.m.

Classes available for all ages. More information can be found at: www.shinshikan.com

Yoga Classes & Workshops

A great way to enjoy the benefits of yoga and have fun too!

Improve strength, coordination, posture and balance; increase your energy level and flexibility; enjoy greater vitality.

The All Levels class takes place on Thursdays from 7 - 8 p.m., and the Gentle Yoga class is held on Tuesdays from 10 - 11 a.m. For more information or to register, please contact Margau at 403-585-0043 or email yogamarg@telus.net. Ask about our monthly yoga workshops too!

Banff Trail Ladies' Auxiliary

Meets at the Hall the first Thursday of every month at 10 a.m.

Wednesday Afternoon Crib Club

Every Wednesday from 12:30 – 3 p.m.

New Players Welcome! Join a lively group of seniors enjoying 9 - 12 tables of crib each week. Two crib tournaments each year and several Pot Luck Luncheons each year.


Feel free to drop by and join in the fun.

Check out the website or the Facebook page for more up-to-date information.

BBQ – the biggest event of the year! Food, Music, and oodles of fun for kids and adults. Thursday, July 7

Zumba® with Hiroe - Every Thursday Mornings 10:00am - 11:00am

All fitness levels welcome. Drop-ins Welcome. I would like to have you in my classes!



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How to enjoy the summer sun safely

By Paula Trotter

Do you know what causes more cases of cancer than tobacco? Ultraviolet (UV) rays emitted by the sun, which cause skin cancer.

Despite being largely preventable, skin cancer is the most commonly diagnosed cancer in Canada. Most skin cancers are easy to treat, but they do put you at a higher risk of developing cancer later in life and treatment can include disfiguring surgery.

And rates of melanoma – the most dangerous type of skin cancer – continue to rise in Canada.

As summer is now upon us, we want to remind you that being safe in the sun is the best way to reduce your risk of developing skin cancer.

Sun safety isn't about avoiding the sun. It's about protecting your skin and eyes while you're enjoying the outdoors.

And sun safety includes more than just applying sunscreen. In fact, sunscreen should not be your only defence against the sun. Use sunscreen along with shade, clothing, and hats – not instead of them.

Follow these Canadian Cancer Society prevention tips to safely enjoy the sun this summer:

- **Check the UV index daily.** Use extra precautions to protect your skin if the UV index reaches 3 (moderate) or more.
- **Cover up when the sun is at its strongest.** You need

to be extra careful to protect your skin between 11 a.m. and 3 p.m. when the sun is at its strongest (UV index of 3 or more).

- **Cover up.** Wear a wide-brimmed hat and cover up as much of your skin as possible. Clothes generally provide better protection than sunscreen.
- **Use sunscreen properly.** Use a broad-spectrum and water-resistant sunscreen with a minimum SPF of 30. Apply generously – most adults need about two to three tablespoons of sunscreen to cover their body and a teaspoon to cover their face and neck.
- **Seek shade.** Sit under a tree at the park or an awning on a restaurant patio. Bring an umbrella so you can have shade whenever you need it.
- **Wear sunglasses.** Sunglasses (labeled UV 400 or 100% UV protection) can help prevent damage to your eyes by blocking a large percentage of UV rays.



Whenever you find yourself on the side of the majority, it is time to pause and reflect.

Mark Twain

BTCA Membership Form

Name: _____ Spouse: _____
Address: _____
Postal Code: _____ Phone: _____ Fax: _____
Email: _____
Children under age 18: _____

I am interested in volunteering with the community association:

- Newsletter
- Social Functions
- Sports
- Fund-raising
- Maintenance
- Other (please specify): _____

The rates for Banff Trail Community Association membership are:

- Single \$10
- Family & Household \$15
- Business \$25

Please mail your application form to

BTCA 2115 20 Avenue NW T2M 1J1

Make cheques payable to the Banff Trail Community Association

Phone 403 454-7369 for more information

Volunteers Needed

The Banff Trail Community Association is in need of volunteers to help with projects and events throughout the year

We encourage everyone in the community to become more involved. Even if you are a short term resident you can be an engaged member of our thriving community.

We need more help so please get involved!

Contact Llyal 403-651-1019

IN & AROUND CALGARY

Stampede Taxi Stands

Stampede taxi stands are designated areas near Stampede Park where taxis will be lined-up to wait for customers. Two temporary taxi stands will operate at all hours during Stampede. These stands are located at the South and North entrances of Stampede Park. The taxi stand located at the North entrance of Stampede Park will provide priority service to people with accessibility needs as this entrance provides the most direct route to enter into the park.

Late Night Temporary Taxi Stands

Within Stampede Park there are multiple entertainment venues. In 2016 all venues are closing at 3 a.m. To accommodate the evening rush two additional late night temporary stands will be established. For details, visit Calgary.ca and search taxi stands.

IN & AROUND CALGARY

EMS: Heat Related Illness

With the return of summer weather, Alberta Health Services EMS would like to remind everyone to stay safe in the heat and sun this season. While children and the elderly may be more susceptible to the effects of heat and sun, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

Heat exhaustion

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and/or humid environment (indoors or outdoors).
- Patients may suffer headaches, weakness, fatigue, nausea/vomiting, thirst, chills, and profuse sweating.
- The patient is usually cold and damp to the touch and the skin may appear pale or dusky gray.

Heat stroke

- Heat stroke is a medical emergency which, without prompt treatment, could be fatal.
- It occurs when the body can't cool itself naturally (e.g. perspiration). The body's temperature will continue to rise to dangerous levels.
- Due to severe dehydration and the inability to sweat, the patient may appear flushed, and skin may be hot and dry to the touch.

First aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment.
- Remove excess or tight fitting clothing, and allow them to rest in a cool environment.
- If the patient is conscious and alert, provide suitable fluids such as: water, juice, or a sports drink.
- If you are concerned, seek medical attention or call 9-1-1.

Prevention

- Stay well-hydrated by drinking plenty of water.
- Be aware that excessive alcohol consumption will promote dehydration.
- Always wear a broad brimmed hat to keep the sun off your face and neck.
- Apply waterproof sunscreen with an SPF of 50+, especially for children. The sun's UV rays peak between 10am-4pm, even on cloudy days.



Chip in Fore Communities and Golf With Us on August 12!

Are you itching for a fun round of golf that includes lunch and dinner, as well as the opportunity to win amazing prizes like a trip for two to Mexico and up to \$15,000? If so, register today for the Federation of Calgary Communities 4th Annual *Chip in Fore Communities* Golf Tournament, presented by Save-On-Foods! The tournament will take place on Friday, August 12, 2016 at The Canal at Delacour Golf Club.

Registration fees are extremely affordable at only \$160 for an individual golfer and a discounted rate of \$600 for a foursome! Your fee includes lunch, a round of golf in a power cart, a delicious dinner, and the change to win one of many exciting prizes.

Visit calgarycommunities.com/events to register today!

There are 150 community associations in Calgary with more than 20,000 volunteers involved, making it the largest collective volunteer movement in the city! Community associations come in all shapes and sizes, are run by your neighbours, offer you endless opportunities, bring you together as a community, and are dedicated to addressing local issues and ensuring you love where you live. They can be the anchor for community life, but they need support to effectively operate in today's competitive not-for-profit world. The Federation of Calgary Communities is that support organization.

This golf tournament will help raise funds for the Federation of Calgary Communities to continue providing programs and services that help community associations build capacity, support and mobilize residents, be on the front lines of important issues in their community, and improve neighbourhood life in Calgary.

If you have any questions or are interested in finding out more please contact Rebecca Dakin with the Federation of Calgary Communities at communityrelations@calgarycommunities.com or (403) 244-4111 ext. 204.

Update on the Crowchild Trail Study



Property impacts identified in the preliminary design concepts

Over the next few weeks, the project team will be connecting with landowners whose properties may be directly impacted by the preliminary design concepts under development for Crowchild Trail. We will meet with these landowners in advance of the upcoming resident and public engagement events in June, and will discuss the preliminary design concepts as they relate to their specific properties. Invitations to these invite-only meetings were sent to the landowners last week.

Phase 4: Concept Evaluation – Registration for engagement opportunities opens May 21

Public engagement opportunities for Phase 4 begins in June and are posted on the Upcoming Opportunities web page. **Registration for the workshops and walking tours will open on Saturday, May 21.**

In Phase 4: Concept Evaluation, we'll work with Calgarians to evaluate preliminary concepts against the **project goals** developed in Phase 2. The input received will be used by the project team to develop a shortlist of design concepts that will be further refined for selection in Phase 5: Concept Selection and Recommendation.

Information to share with your community

I have included some content that you may want to share with your community, and have attached a photo to this

email for your use. If your Community Association (or you as individuals) are active on social media, we will be posting Crowchild Trail study information on Twitter starting May 21. We hope that you might retweet those posts, and help us increase awareness and participation in our study. We greatly appreciate all your help and active participation throughout the Crowchild Trail Study.

If you have any questions, please do not hesitate to contact me by email at Feisal.Lakha@calgary.ca. Thanks.

Crowchild Trail Study - Your ideas. Turned to concepts. Let's evaluate.

In Phase 4: Concept Evaluation, the project team will be working with Calgarians to evaluate preliminary concepts against the project goals developed in Phase 2. This evaluation will be used by the Project Team as input to identify a shortlist of design concepts that will be further refined for selection in Phase 5: Concept Selection and Recommendation.

Engagement opportunities for Phase 4 begin in June and are posted on the Upcoming Opportunities web page. **Registration for the workshops will open on Saturday, May 21.**

For more information on the study, go to www.calgary.ca/crowchild.

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

• **August 5 to 7 - Expo Latino:** Each year, Expo Latino brings a variety of talented Latino performers to Prince's Island Park. This is a three-day celebration of Latino music, dance and culture. www.expolatino.com

• **August 10 to 13 - Afrikadey! Festival:** This year marks Afrikadey's 25th anniversary. That's 25 years sharing the art, music and dance from cultures across the African continent. www.afrikadey.com

• **August 14 - Marda Gras Street Festival:** The neighbourhood street festival includes numerous food vendors, artisan booths and buskers. Also part of the festival is the sixth annual Marda Gras pet pageant, so get your pooch ready to shine. www.mardagrass.ca

• **August 18 to 20 – ReggaeFest:** According to the organizers of the festival, ReggaeFest will transform you into a "Rastafarian." There's music and there's food, and it's a festival all Calgarians need to attend at least once. www.reggaefest.ca

• **August 18 to 27 – GlobalFest:** This annual fireworks and cultural festival includes five impressive shows. The first of the fireworks shows synched to music is from China, followed by the Philippines, Spain and the USA. The finale is by Canada. www.globalfest.ca

• **August 20 to 21 - Antiquing at the Arc:** Spend hours rummaging through everything from furniture to militaria to art deco to toys and more at this annual antique show. www.antiquesbydesignshows.com

• **August 26 to September 5 - Calgary Pride Parade and Festival:** Celebrate Calgary's LGBTQ community and attend events during the Calgary Pride Festival. www.calgarypride.ca

AUGUST 5 TO 7 EXPO LATINO

Each year, Expo Latino brings a variety of talented Latino performers to Prince's Island Park. This is a three-day celebration of Latino music, dance and culture. www.expolatino.com



AUGUST 13 CALGARY JAPANESE FESTIVAL OMATSURI

The one day festival has plenty of fun, cultural activities appropriate for the whole family, including galleries of Japanese arts and crafts and food kiosks selling Japanese food. www.calgaryjapanesefestival.com



AUGUST 13 TO 14 CALGARY DRAGON BOAT RACE AND FESTIVAL

This is a weekend of dragon boat racing on the Glenmore Reservoir, where Calgary embraces a sport that stems from a 2,000-year-old Chinese legend. www.chinatowncalgary.com/dragonboat



AUGUST

News from the Friends of Nose Hill

by Anne Burke

Some internet sources clearly recommend biking on non-designated trails on the slopes of Nose Hill up to the plateau. Many of the "Trail Fork's" paths do match the designated paths but there are several other areas where they venture into protected areas, in order to make their route join up to official paths. The Trail and Pathway Plan and the Parks and Pathway bylaw both enforce staying on the official routes in order to protect wildlife and habitat. There are maps at the Nose Hill Park entrances to help guide park users.

The Shaganappi Trail is part of Calgary's carpool lane (High Occupancy Vehicles) network in the City's Transportation Plan. The plan calls for Shaganappi Trail to

be widened sometime in the future, from 4 to 6 lanes. This is of importance to Friends of Nose Hill Society as it will affect wildlife. There is the tunnel under Shaganappi Trail in Edgemont and it is important that any road changes do not unduly disrupt their routes. Also increased traffic could have implications for wildlife too. Commentary provided by Friends of Nose Hill Society about the long-term plan might reference the approach the City is taking with biodiversity conservation, as in Our BiodiverCity, Calgary's 10-year biodiversity strategic plan.

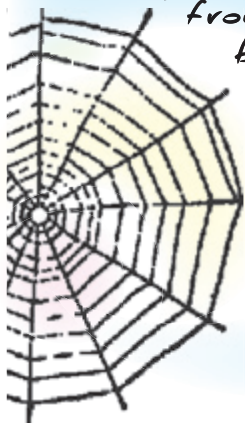
For more information regarding The University of Calgary Community Forum on Calgary: City of Animals, go to the website: arts.ucalgary.ca/cih. The plan is to continue the dialogue. "We will be hosting community response, anything from a sentence to a few paragraphs." The topics are below.

- Wildlife maintains biodiversity but some pose risks to humans and pets, so how can wildlife and human animals co-flourish?
- What is our relationship and how do we manage ourselves (do we leave places just for wildlife)?
- What policies are needed in the city; ethics to guide us; and are there circumstances when we silence a song dog (coyote)?
- Should residents be permitted to keep livestock in the city (which, why or why not)?
- Should animals be used for entertainment?

The annual progress report from the BiodiverCity Advisory Committee was approved by City Council after the Community and Protective Services Committee meeting. The group held 6 meetings, 10 subcommittee meetings, a workshop, and produced a work plan. Some city-wide projects are habit restoration in existing parks, biodiversity in planning, management, and other city initiatives; conservation priorities, and data sharing.

Insects and Technology

The spider's web is the inspiration for a new technology that prevents birds from flying into tall building's windows.



Embedded in the glass sheet is a pattern of chaotic UV-reflecting strands that birds can see.

Discovery Magazine

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CONCRETE CUTTING FOR BASEMENT WINDOWS, DOORS & FLOORS: New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555 or text 403-680-0611. Email: info@asapconcretecutting.com.

HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARDBUSTERSLANDSCAPING.COM: Weekly lawn mowing \$36, power-rake \$100, aeration \$50. Some conditions. Landscape construction and yard renovation: Stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769.

THE GUTTER DOCTOR! We install, repair and clean eavestroughs, and downspouts. Fascia, soffit, drip-edge, siding, roofing, cladding. Over 15,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. www.gutterdoctor.ca 403-714-0711.

DETAILED HOUSE CLEANING: Weekly, bi-weekly and monthly. Also move in and move out. Licensed, insured and bonded. We work according to our clients' needs. Call 403-470-6548.

TLC CLEANING: Over 18 year's experience in the business! TLC Cleaning is a small and personalized cleaning company. Licensed, insured, bonded, and WCB covered for your piece of mind. Excellent rates and references, environmentally friendly options too. Let us put a little TLC into your home! Free estimates; please call Carol at 403-614-8522.



The New Adventures of Engine 23

Central Library is home to a full-sized, real fire truck—and yes, it's *inside* the library! Engine 23 has retired from fighting fires and has begun a whole new life helping children learn. Calgary's youngest citizens can not only read about fire trucks, but also suit up, jump in the truck, and rush to the scene of imaginary accidents and infernos to bring aid and assistance. Because the fire truck isn't just a 22-tonne vehicle in a building: it's a suite of experiences. It's authentic. Kids can play on it and interact with it in a very real way.

When the Calgary Fire Department offered to loan us a decommissioned fire truck, Calgary Public Library seized upon the opportunity to create an innovative early learning experience. After much planning and design, we've installed Engine 23 in Central Library, where it will remain until New Central Library opens in 2018.

Visit Engine 23 any time Central Library is open, or drop in for special Engine 23 storytimes. Toddlers and Preschoolers (ages 2-5) can drop in to enjoy fire-themed storytimes while seated atop Engine 23! Families (all ages) are welcome to drop in and join a Calgary Fire Department firefighter for a special family storytime and the opportunity to start their very own new adventures with Engine 23.

See the July-August *Library Connect* for exact dates and details. A reimagined staircase will connect the installation to the children's area on the second floor, so be sure to visit the Children's Library on the 2nd Floor!



MLA CALGARY-VARSITY
STEPHANIE MCLEAN

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Calgary, AB, Canada T3B 4Z1
Phone: (403) 216-5436 • Fax: (403) 216-5438
calgary.varsity@assembly.ab.ca

Friends,

Spring session was jam packed with many major pieces of legislation adopted, as well as special focus on the devastating wildfires in the Fort McMurray region. In meeting with constituents and community organizations recently, it was affirming to know just how many of our community members volunteered or donated in support of families from up north. Albertans are truly resilient in challenging times.

In May, I was able to visit the U of C reception centre for Fort Mac evacuees. Endless thanks to everyone who worked so hard to welcome our fellow Albertans to our constituency of Calgary-Varsity.

In tough times Albertans get each other's backs. During spring session, I was proud to introduce a bill to combat predatory lending. It puts an end to exorbitant 600% annual interest rates, so that a loan taken out in a time of need doesn't lead to a vicious cycle of debt. In these tough economic times, Albertans deserve to be protected from predatory lending practices, and have access to fair credit when they need it. That's why I am proud to report that Alberta will have the lowest borrowing rate in the country, along with longer payback periods and instalment payments. We are also actively promoting better alternatives through our credit union and community partners including Momentum and First Calgary Financial.

During my time in the community this session, I had the chance to speak at the Sir Winston Churchill graduation. It was moving to see the over 600 graduates in cap and gown. Congratulations to all 2016 grads of Varsity!

Our office also had the opportunity to host a Seniors' Tea in early June in celebration of Seniors Week. Thanks to everyone who joined us. It was my sincerest pleasure to host everyone in our office. I always learn so much when visiting with the seniors in our community.

With summer now in full swing, and Stampede just about to kick off, I am looking forward to connecting



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Important Information: 24 AV NW Summer Road Closure

A major construction project on 24 Avenue NW between 23 Street NW and 24 Street NW **begins on Monday, May 30**. The City of Calgary will be constructing a retaining wall east of Crowchild Trail on the north side of 24 Avenue NW. During construction, westbound traffic on 24 Avenue NW will be reduced to a single lane between 23 Street NW and 24 Street NW. The sidewalk on the north side of 24 Avenue between 23 Street and 24 Street NW will also be closed during construction. Pedestrians will still have access to the south sidewalk on 24 Avenue NW and the crossings at the intersection on Crowchild Trail NW

Construction is scheduled to wrap up by Tuesday August 2nd. Please be aware that scheduling conflicts and weather delays can cause disruptions in completion forecasts, however all efforts will be made to ensure that the project is completed as scheduled.

Please let us know if you have any questions.

with residents of our great neighbourhoods. Please join Premier Rachel Notely, on Monday July 11th between 7am -9am for the Premier's Stampede Breakfast. It will take place at the McDougall Centre, 455- 6th Ave SW. I will be flipping pancakes, or serving food. Be sure to come by, join us for breakfast, and Premier's Stampede hospitality! In that Stampede spirit, the very next day July 12th, the Triwood Community Association will be hosting their famous annual Stampede Breakfast. If you have been before, you know it is not one to miss. The breakfast runs between 7am and 9am at 2244 Chicutimi Drive NW.

Our office serves the people of Calgary-Varsity. Our team is available to talk to constituents about provincial government departments, programs, scrolls, and services. Please visit us in our office, and let us know how we can help you.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Kids Help Line	1.800.668.6868
Child Safe Canada	403.202.5900
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority	403.537.7000
SeniorConnect	403.266.6200
Calgary Kerby Elder Abuse Line	403.705.3250
Alberta One-Call Corporation	1.800.242.3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403.269.2707
RNR Lockworks Ltd.	403.479.6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403.237.0654

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COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

HOWLER SUBMISSIONS

Do you have an interesting story you think should be in The Howler? Know of someone living in Banff Trail how deserves to be featured in our newsletter? How about photographs of our community? If you do please contact howlereditor@banfftrailcommunity.ca.

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**MP. CALGARY CONFEDERATION
LEN WEBBER**
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len.webber@parl.gc.ca

I am pleased to let you know that my office has moved to 2020 10th Street NW in order to serve you better.

Along with my staff, I am pleased to offer you information and assistance when dealing with the federal government. While many of the requests are for general information and guidance on services, we also do assist with those having difficulties receiving their services from the federal government.

The departments and programs we most often assist with include the Canada Revenue Agency, Canada Pension Plan (CPP), Old Age Security (OAS), Guaranteed Income Supplement (GIS), Passport Canada, Employment Insurance (EI), Citizenship and Immigration and Veterans Affairs.

We can also help direct you to information or services if you are not sure where to access them directly. This may include information on joining the Canadian Armed Forces, applying for benefits or notifying the government of a death.

Along with information on government services, we are able to provide information on Canada and Parliament and can help arrange a tour of Parliament on your next visit to Ottawa.

When someone celebrates a special anniversary, a milestone birthday, a special achievement, we can also assist in arranging congratulatory messages from Her Majesty the Queen, the Governor General, and the Prime Minister. It can take eight weeks or more to process these requests, so please plan ahead for your special occasion.


It is requested that you make an appointment before coming to the office with your concerns as this allows us to serve you better and ensure you are not required to wait an excessive amount of time. Often, we are able to assist you over the telephone without the need for an appointment too.

For office contact information, photographs, my Parliamentary speeches, helpful links and other important information, please visit my website at www.lenwebber.ca on a regular basis. You can also follow me on Twitter, Facebook and YouTube for the latest updates.

I would like to extend my sincere appreciation to the constituents of Calgary Confederation for your overwhelming support to the people of Fort McMurray. I am aware of the countless volunteer hours so freely given, together with endless contributions of clothing, toys, bedding, books, food, household items and accommodation. It is through this strength of giving to each other that makes our community strong. Thank You.

Finally, I look forward to seeing many of you, and your families, at a pancake breakfast during Stampede.

**IN & AROUND
CALGARY**



FEDERATION OF
CALGARY COMMUNITIES

Going on a Holiday?

A message from the Federation of Calgary Communities

Building Safe Communities Program

Summer is a great time to enjoy a vacation! But before you do, make sure your home is as safe and secure as possible. The keys to protecting your home when you are on vacation are not just the ones you use in your deadbolt lock.

Below are a few tips to help reduce your risk:

- Double-check your insurance policy to find out if and when you require someone to check in on your home.
- Give a trusted neighbour or friend a key and trip details and ask them to check in on your home.
- Don't advertise that you are going away.
- Create a lived-in appearance. Be sure the lawn is cared for while you are away, and stop any newspapers or have flyers collected from your door or yard. Set lights and a TV's on timers so your home is not dark during evening hours.
- Encourage a trusted neighbour to park their car in your driveway while you are gone.
- Ensure that your door and window locking devices are working and are locked when you leave.
- Disable your garage door while you are gone. Most have a switch that can be turned off. You can also put a padlock or similar device through the door tracks to ensure it cannot be opened.
- Put away, or secure all lawn furniture or tools (i.e. ladders) so they can't be used to assist a burglar in gaining access to the upper story windows of your home.

For more helpful safety resources, check out the Federation of Calgary Communities website at calgarycommunities.com and visit the Virtual Resource Centre.



Banff Trail Real Estate Update

Last 12 Months Banff Trail MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
May 2016	\$659,700.00	\$629,750.00
April 2016	\$559,900.00	\$548,000.00
March 2016	\$625,000.00	\$590,000.00
February 2016	\$674,950.00	\$662,500.00
January 2016	\$549,900.00	\$538,500.00
December 2015	\$629,394.00	\$611,000.00
November 2015	\$839,350.00	\$822,000.00
October 2015	\$564,950.00	\$550,000.00
September 2015	\$609,900.00	\$600,000.00
August 2015	\$605,450.00	\$592,500.00
July 2015	\$727,450.00	\$712,500.00
June 2015	\$749,850.00	\$730,000.00

Last 12 Months Banff Trail MLS Real Estate Number of Listings Update

	No. New Properties	No. Properties Sold
May 2016	9	4
April 2016	8	3
March 2016	11	5
February 2016	5	4
January 2016	2	3
December 2015	6	2
November 2015	2	4
October 2015	8	4
September 2015	9	7
August 2015	8	4
July 2015	3	6
June 2015	10	4

To view the specific SOLD Listings that comprise the above MLS averages please visit banff_trail.great-news.ca

CALGARY





Park n' Play & Stay n' Play

These free, safe, supervised programs help children make new friends learn new games and activities that they can use on their path to a healthy and active lifestyles.

Programs run weekdays and are weather dependant.
Dates: Aug 15-19
Community: Banff Trail
Address: 2115 20 Ave N.W

Stay n' Play FREE
Ages 3Y – 5Y
10:00 am – noon
Participants must be accompa-nied by an adult/guardian

Park n' Play FREE
Ages 6Y – 12Y
10:00 am – 3:30pm

**Play Pass
Play Faster This Summer!**
Save time and line-ups on the first day by pre-registering for Park n' Play and Stay n' Play. Pre-registration does not guarantee entry. Entry to these pro-grams is on a first-come, first-served basis each day.
We encourage you to supply us your information by pre-registering prior to pro-program starting to help you save time filling out forms at the program when you arrive.
For more info visit calgary.ca/communitysummerprograms.

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*Olivia,
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It’s playing the piano and singing with friends and it’s shared moments over dinner with family.
It’s feeling healthy, eating well and enjoying the community we savour with other great people.
It’s looking forward to a little exercise and some laughter at the lounge afterwards.

Welcome to your life at Evanston Summit. Welcome home.

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